

LAURENT

LAURENT
MENU OPTIONS
2022
R650 per person

Dear valued client

Thank you for choosing Laurent as your venue of choice. We promise to assist you in every means possible to realize the individuality of your special occasion.

These menus serve as options available per person. Our extensive menu offers a great variety that will suit any meal style. Dishes can be amended and substituted within the set budget, or the menu can be improved at a supplement fee and tailored to your exact specifications.

Best,
The Laurent Team

FUNCTIONS@LAURENT.CO.ZA

LOURENSFORD WINE ESTATE | SOMERSET WEST 7130 | SOUTH AFRICA

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YOUR MENU

Your standard menu will consist of 4 x roaming canapés, bread to table service and a three-course meal.

Our Interactive stations can be added to extend your dining experience at additional cost.

MENU STYLE OPTIONS

Harvest Table

A separate table will be set up for guests to help themselves

Family Sharing Style

Dishes will be placed in the middle of the tables for guests to share amongst themselves

Plated

Each guest will receive a plated dish and the side dishes will be placed in the middle of the table for everyone to help themselves

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Expanding your menu

You have the option of adding extra dishes to ensure a larger selection on your menu at the following costs per person:

Canapé	R15
Starter meat and fish	R30
Starter vegetables	R20
Main course meat and fish	R45
Main course vegetables	R35
Dessert	R40

Special requests

We can do bespoke menus for you if you have something specific in mind, the budget of this may differ from our set menu cost

Kid's Menu

Children 10 years and younger attending the function will be charged at R100 for one of your choice of the following main meals:

Chicken Strips & Chips/Salad

Beef Burger & Chips/Salad

Chicken Burger & Chips/Salad

Bacon, Macaroni & Cheese

Service Providers Offering

At every celebration, we have service providers hard at work to make it all come together. We offer a main course meal only for R250 for your service providers staying for dinner.

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Dietary requirements

We will cater for your guests' dietary requirements to the best of our ability, please make sure you indicate the requirements two weeks in advance.

YOUR SELECTION

CANAPÉS

(select four)

Organic Maize Chips with Biltong Powder and Chakalaka Emulsion

Salt and Pepper Squid with Caper Mayonnaise

Traditional Bobotie Springrolls with Tomato Chutney

Bresola Bruschetta with Anchovy Aioli and Pickled Onion

Homemade Pork and Sage Sausage Rolls with Apple

Thyme Caramelized Onion Tartlets with Creamed Feta

Mushroom Arancini with Truffle Aioli

Leek and Chorizo Potato Croquette

Ginger and Chili Wontons with Asian Dipping Sauce

Prawn Cocktail Cornetto with Avocado and Radish

Mini Corn Tacos with BBQ Pulled Chicken, Avocado and Chili

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HARVEST TABLE

This can be an option instead of canapés
OR
Additional to the canapés to be enjoyed with arrival drinks | **R100pp**

A selection of Fresh Breads, Lavash and Parmesan Bread Sticks served with Whipped Butter

Thyme and Coriander Seed Marinated Calamata Olives

Dalewood Cheeses served with Fresh Fruit

Locally sourced Charcuterie

Homemade Pickles and Preserves

Hummus with Marinated Tomatoes and Basil

BREAD TO TABLE SERVICE

A variety of two freshly baked breads, multi seed lavash and whipped butter

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MENU STYLES

Select a menu style and from the options in each style below

HARVEST TABLE / FAMILY SHARING STYLE MENU

FIRST COURSES

Please select one protein option and two side dishes

Protein

Crispy Slow Roasted Lamb Ribs with Homemade BBQ Basting

Rare Roast Beef with Olive Oil Roasted Tomatoes and Basil

Sticky Chicken Wings with Honey, Soy and Sesame

Roasted Line Fish with Crispy Squid and Tartar Sauce

Side Dishes

Corn "Ribs" with Cashew Nut and Sesame Butter and Green Onion

Lubne with Pickled Beetroot, Dill and Roasted Sunflower Seeds

Tomato, Mozzarella and Basil Salad with Pickled Red Onion and Mixed Herbs

Pickled Onion, Tomato and Cucumber Tabbouleh Salad

Broccoli Salad with Sultana and Pumpkin Seed Dressing with Parmesan Crumbs

Multi seed and Nut Couscous Salad with Seasonal Fruit and Raw shaved Vegetables

Mediterranean Potato Salad with Olives, Capers, Parsley and Peppers with a Light Mayo Dressing

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MAIN COURSES

Please select two proteins and two side dishes

Proteins

Lemon Roasted Chicken with Cape Malay braised Chickpeas and Coriander

Slow Cooked Lamb Shoulder with Confit Garlic

Spice Rubbed Beef Fillet with Homemade BBQ Sauce and Beer Battered Onion Rings

Roasted Line Fish with Chili and Ginger Dressing, Green Onion and Coriander

Star Anise braised Beef Shin with Glazed Onion

Whole Roasted Pork Belly with Sage, Apple and Crackling

Side Dishes

Butter Roasted Cauliflower with Caper, Sultana and Almond Dressing

Roasted Aubergine with Tahini and Yogurt Dressing and Roasted Almonds

Honey and Thyme Roasted Carrots with Pumpkin Seeds

Thyme and Caramelized Onion Potato Gratin

Pomme Douphine with Parmesan

Coconut and Orange Glazed Sweet Potato with Toasted Coconut Shavings

Rosemary and Beef Fat Roasted Potatoes

Green Beans with Lemon and Basil Dressing

Grilled Courgettes with a Tomato and Basil Dressing

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PLATED MENU

FIRST COURSES

(select one)

Individually Thyme Baked Camembert with Grissini, Red Wine Pear and Sultana

Sautéed Gnocchi with Cauliflower Puree, Roasted Cauliflower, Mushrooms and Crispy Bacon

Roasted Line Fish with Avocado Puree, Chili Tomato Salsa and Coriander

Beef Tataki with Asian Salad, Sesame and Kimchi Mayonnaise

Smoked Trout and Heirloom Beetroot Salad with Dill Cream and Fennel

Deboned Lamb Rib with Crispy Green Salad and Mustard Croquette

MAIN COURSES

(select one)

Spice Rubbed Beef Fillet with Caramelized Onion and Miso Puree, Mushroom Sauce and Confit Garlic

Confit Pork Belly with Rosemary Roasted Apple, Sage, Crackling and Mustard Jus

Roasted Line Fish with Baby Leek, West Coast Mussel Sauce and Fennel

Slow Cooked Lamb Shoulder with Honey Roasted Pumpkin, Almond and Pumpkin Seed Crumble and Glazed Onion

Overnight Braised Beef Shin with Cumin Carrot Puree, Heirloom Carrots and Thyme Sauce

Butter Roasted Chicken Breast with Cape Malay Curry Sauce, Cauliflower and Radish Salad

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SIDE DISHES

(select two)

Butter Roasted Cauliflower with Caper, Sultana and Almond Dressing

Roasted Aubergine with Tahini and Yogurt Dressing and Roasted Almonds

Honey and Thyme Roasted Carrots with Pumpkin Seeds

Thyme and Caramelized Onion Potato Gratin

Pomme Douphine with Parmesan

Coconut and Orange Glazed Sweet Potato with Toasted Coconut Shavings

Rosemary and Beef Fat Roasted Potatoes

Green Beans with Lemon and Basil Dressing

Grilled Courgettes with a Tomato and Basil Dressing

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DESSERTS

Select one style

CANAPE STYLE ROAMING DESSERT

(select four)

70% Dark Chocolate Slice with Whipped Ganache and Hazel Nuts

Lemon Meringue Tartlet

Tipsy Tart with Vanilla Cream

Vanilla Panna Cotta with Seasonal Fruit

White Chocolate and Rose Truffles

Mini Kahlua Tiramisu

Seasonal Fruit Frangipane Tartlet with Crème Cantilly

Traditional Koeksisters

Milk Tart Meringues

Peppermint Crisp Tartlet

Vanilla Fairy Cakes with Buttercream Icing

CANDY STORE TABLE

A selection of 4 canapé desserts will be served on a table filled with sweets that will take you back to your childhood memories

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ROAMING ICE CREAM

Sugar cones with three different flavored ice creams to be offered by waiters

Each flavor of ice cream will be garnished beautifully with crispy bits and fresh seasonal ingredients

DOUGHNUTS AND FAIRY CAKES

A table will be set up with an array of delicious and beautiful doughnuts and fairy cakes for guests to help themselves

The flavors will depend on seasonality but please let us know if you have something specific in mind

EXPAND YOUR MENU

If you wish to expand your menu and offer your guests a more extensive food experience you can add the following;

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INTERACTIVE STATIONS

Yakatori Grill | R35pp

This will be grilled in front of the guests where they will help themselves

Kimchi and Miso Glazed Chicken with Lemon and Sesame

Cumin Spiced Lamb Kofta with Garlic Tzatziki and Mint

Lemon and Herb Charred Prawns with Aioli

BBQ Basted Pork Belly with Sesame and Lemon

West coast oyster bar | R15 per Oyster (cost might fluctuate according to season)

Fresh West Coast Oysters

Please choose two of the following dressings

The traditional way – Lemon, Red Onion Vinaigrette and Black Pepper

Pickled Cucumber with Yuzu Dressing and Seaweed

Lime and Tomato Salsa with Coriander

Popcorn station | R20pp

We will be popping fresh popcorn in front of guests with our retro popcorn machine. We will have three different flavored salts and sugars available for guests to choose their seasoning.

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Midnight Snacks | R50pp
(select one)

Vetkoek with Apricot Butter and Grated Cheddar Cheese

Buttermilk Fried Chicken Wings with Chili Mayonnaise

Bobotie Pies with Tomato Chutney

Mini Boerewors Rolls with Sweet Mustard and Tomato Salsa

Chili Cheese Fries with Green Onion

BBQ Pulled Pork Sliders with Chipotle Mayo and Slaw

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Terms & Conditions

- All pricing indicated is excluding 15% VAT.
- This menu serves as a choice only and clients may create a menu suitable to their needs, for which pricing will then be quoted accordingly.
- Any customizations will affect menu price. Please allow a 7 working day lead-time for customized menu.
- Guest amounts over 100 may incur extra costs for additional kitchen staff and/or kitchen equipment.
- Pricing excludes any additional hiring requirements should custom tailored menus be utilized.
- Pricing includes kitchen staff, all cutlery, crockery, baking equipment and utensils.
- Please note that we do not accommodate food tastings.
- Menu and final guest amounts to be confirmed a month (30 days) in advance to your function/wedding.

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